

ISLAND COUNTY PARENT TO PARENT

July 2024



SUMMER & FALL EVENTS! MARK YOUR CALENDAR

- **Picnic in the Park** at Fort Nugent Park, Oak Harbor Tuesday, July 16th
Noon-1:30pm Bring your own picnic and enjoy the outdoors. Meet us over by the playground. Bring a chair/blanket to sit on. Meet other families, set up playdates, and learn out more about Parent to Parent. Come back to the park on August 17th for our end of the summer BBQ.
- **Picnic in the Park** at South Whidbey Community Park Langley Tuesday, July 23rd
Noon-1:30pm Bring your own picnic and enjoy the outdoors. Meet us over by the playground. Bring a chair/blanket to sit on. Meet other families, set up playdates, and learn out more about Parent to Parent. Come back to the park on August 17th for our end of the summer BBQ.
- **Bowling for the Whole Family Friday**, August 2nd Noon-1:30pm
 **RSVP Required** Oak Bowl in Oak Harbor. Great fun for all ages and all abilities. Bring the whole family. **\$7.75 for 90 minutes & shoe rental.**
Open camera & scan QR code to RSVP the number of bowlers.
- **Windjammer Splash Park** Oak Harbor Wednesday, August 7th Noon-1:30pm
Bring your sunscreen, lunch and a blanket/chair. We will be on the grass mound near the splash park. Enjoy the sunshine and the beautiful view.
- **End of Summer BBQ** at Fort Nugent Park, Oak Harbor Saturday, August 17th
Noon-2pm Sheltered Picnic Area near Restrooms & Playground We provide the food & entertainment. You bring the whole family & enjoy. Scavenger Hunt, Arts & Crafts, Activities & Goodie Bags.
- **Resource & Transition Fair** Tuesday, October 8th at Coupeville HS
5:00-7:15pm dinner included. Information/resources for individuals with disabilities and their families as they consider life in school & beyond. 20+ resource booths, presentations & dinner. Students on IEPs & 504 Plans and their families.
- **Night to Remember Prom** Sunday, November 17th at Elks Lodge
2:00-4:00pm **RSVP Required** Let's Dance! Special Needs Prom for Ages 14 and up. Great opportunity to dress up, dance with friends and have a prom to remember. Become a Queen or King for the Day! Light snacks provided.

SCAN ME



All Events
Are All Ages,
All Abilities
All Welcome
unless otherwise
stated. Follow our
Facebook &
Instagram Pages
to keep up to
date on events,
resources,
opportunities,
trainings and
more



Island County
Parent to Parent
Coordinator
Tiffany Wheeler-
Thompson
(360)632-7539
call/text

****All events are subject to cancellation or rescheduling. Check our Facebook Page for up to date information facebook.com/islandcountyparent2parent**

Parent to Parent End of Summer BBQ 2024

Saturday, August 17

Noon-2:00pm

Fort Nugent Park
2075 SW Fort Nugent Ave
Oak Harbor



We Provide the Food & Entertainment!

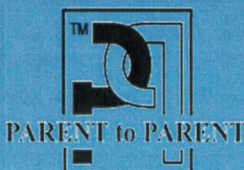
Enjoy the BBQ, Scavenger Hunt, Arts & Crafts, and More.
Bring the Whole Family!

Fort Nugent Park Sheltered Picnic Area near the restrooms. All events are subject to cancelation/rescheduling. Parent to Parent offers support and resources to families of children and adults with special needs and/or disabilities. Follow Island County Parent to Parent Facebook Page for up-to date details, updates, resources and more.

All Ages, All Abilities Welcome!

Questions? Call/Text Tiffany (360)632-7539 or Spanish Call/Text Laiza (787)529-6788

<https://www.facebook.com/islandcountyparent2parent>



**Night to
Remember
Prom**

**Sunday,
November
17th**



Let's Dance! Night to Remember Prom. Sunday, November 17th

Elks Lodge 1155 NE Ernst St, Oak Harbor

Special Needs Prom for Ages 14 and up. Great opportunity to dress up, dance with friends and have a prom to remember. Become a Queen or King for the Day! Light snacks

SCAN ME

2:00pm-4:00pm RSVP Required



Navigating SSI Applications:

Monthly classes offered on Wednesdays by NW Access Fund

- Children Under 18 application classes on the First Wednesday
- Over 18 initial application and & age redeterminations classes are held on the second Wednesday of each month

Bring your questions! Monthly classes are led by a Certified Benefits Planner and provide an overview of the SSI application process. Get tips and strategies for the application and redetermination process and leave with a clear idea of the next steps to take. These classes are recorded and shared with the people who registered.

ASL interpretation is available for these classes upon request. Spoken language interpretation is not available for these classes.

If you need spoken language interpretation, please schedule a free one-on-one session and request interpretation services.

Click here to register:

<https://www.nwaccessfund.org/youth/navigating-ssi/>

SSDI vs SSI: At a Glance

SSDI

Social Security
Disability Insurance

Provides benefits to disabled persons based on prior earnings and work history

Wait period of 5 months after becoming disabled before you can collect SSDI payments

Maximum benefit amount based on prior income

SSI

Supplemental Security
Income

Provides benefits based on financial need, not based on work history

No wait period for SSI payments. Benefits begin on the first of the month that you filed your application

Maximum Federal benefit amount for an eligible individual in 2023 is \$914/month



disabilityhelpcenternv.org

Understanding the Bigger Picture of Government Programs

Federal Programs

Supplemental Security Income SSI

- *Linked to Medicaid
- *Provides monthly payments to adults/children with a disability income and resources qualifications.

(800)772-1213
<https://www.ssa.gov/ssi/>

Social Security Administration SSA

- *US Citizen
- *Medically Disabled
- *Apply at age 18 or younger based on income

(800)772-1213 www.ssa.gov

SSDI/DAC

- *Paid into system through employment
- *Or based on parents
- *Medicare

(800)772-1213
<https://www.ssa.gov/benefits/disability/>

Washington State Programs

DDA - Developmental Disabilities Administration

- *Early Intervention Services(Birth-3)
- *Case Management
- *DD Endowment Trust Fund
- *Employment Support
- *Supported Living Program
- *Adult Family Home Referral
- *Personal Care Services

Island County Region 2
(800)788-2053
www.dshs.wa.gov/dda

DBS Department of Services for the Blind

Services to support home, school, mobility and employment.

(800)552-7103 www.dsb.wa.gov

HCS - Home & Community Services

Services seniors and adults with disabilities who do not qualify for DDA

- *COPES (Physical Needs)
- *MPC (Personal Care)
- *Nursing Facilities
- *Adult Family Homes (AFH)
- *Assisted Living

Island County Region 2 **(866)608-0836**
<https://www.dshs.wa.gov/dda/consumers-and-families/home-and-community-based-waivers-hcbs>

WSDS WA Sensory Disability Services

(800)572-7000
<https://wsds.wa.gov/>

CSO - Community Service Office

- *Medicaid
- *Childcare
- *Food Stamps
- *Financial
- *Employment/Training

Island County **(877)501-2233**
www.dshs.wa.gov

DVR -Division of

Vocational Rehabilitation offers vocational rehabilitation services designed to help you prepare for, get, keep, or advance in a job. Begins working with students in their final year of school preparation for employment. Everett: **(425) 339-4880** Mt. Vernon **(360)429-3097**
<https://www.dshs.wa.gov/dvr>

Local County Programs

Island County Developmental Disabilities

Island County Developmental Disabilities Contracts with Community Providers Include:

Early Intervention Services (Birth-Three) and Employment Providers (Job Development/Coaching)

The Island County Developmental Disabilities program coordinates, funds, and manages local services for children from birth to age 3 and adults 19 and older who have developmental disabilities.

DD Coordinator Mike Etzell (360)499-5401 call/text

Parent to Parent: Tiffany Wheeler-Thompson (360)632-7539 call/text

Just a quick side note.... Generalized description of Federal and State programs

SSI a federal program. It is income and disability related. Up to age 18 includes household income and assets. At age 18, only the individuals income and assets are considered. Monthly income & Medicaid

DDA is a WA State program. Eligibility is proven developmental disability before age 18. Not income or assets eligibility barriers. Provides support and resources such as employment support, residential resources, respite care, community inclusion, case manager and more.

Island County Parent to Parent

Support & Resources for Special Needs Families in Island County

Tiffany Wheeler-Thompson ,Coordinator

105 NW 1st Street, Coupeville, WA 98239

(360)632-7539 call/text

Email: t.wheeler-thompson@islandcountwa.gov



<https://www.islandcountywa.gov/198/Parent-to-Parent>

We have a variety of resource guides on our website:

Island County Disability Resources

- ♦ Island County Disability Resource Guide: *English and Spanish*
- ♦ Island County Autism Resource Guide: *English and Spanish*
- ♦ Island County Autism Spectrum Disorder website in *English and Spanish* <https://www.pilotage.org/>
- ♦ Special Education Resources
- ♦ Island County Behavioral/Mental Health Resource Guide: *English*

Transition Support & Resources

- ♦ Timelines and Checklists
- ♦ IEPs, Services, Planning
- ♦ Developmental Disabilities Administration (DDA)
- ♦ Employment Support
- ♦ Federal, State, & County Resources
- ♦ Legal , Guardianship, Special Needs Trusts/Financial Planning
- ♦ Healthcare, and more

Have you checked out our website recently?

Oh boy, there is lots of new content, resources, information and more.

<https://www.islandcountywa.gov/198/Parent-to-Parent>

Hard copies of these resource guides, Family Toolkits and “Island County Transition: School-age to Adulthood In Depth Guide: English” are also available. Email t.wheeler-thompson@islandcountywa.gov. Provide your contact information to ensure a reply.

Camera ` Zoom ` Tap Link

Island County Parent to
Parent Website

Island County
Parent to Parent
Facebook Page

Island County Autism
Resources for Families

