

Introduction

What does Island County need to be a healthier place to live, learn, work, and play?

Island County Public Health, in collaboration with your Community Health Advisory Board, Board of Health, and over 20 other local health partners, is working to complete the 2024 Island County Community Health Assessment. Right now, we are collecting information to better understand the health of our population and the factors that contribute to making us more or less healthy.

How will your opinion make a difference?

The results of this survey will go into the Community Health Assessment report. This report gets distributed widely throughout the county and region, and is used by community leaders, agency directors and staff, service providers, and community groups to help make informed decisions about what health needs exist in our community and what work needs to be done.

The Community Health Assessment is also the first step in our Community Health Planning process and will be used to identify community-wide priorities to improve our health and quality of life.

Thank you for sharing your experience and ideas!

General Information

1. Which area do you live in or closest to?
 - Camano Island – North
 - Camano Island – South
 - Coupeville
 - Clinton
 - Freeland
 - Greenbank
 - Langley
 - Oak Harbor
 - Oak Harbor – NAS
 - Other (write in)

2. Which best describes your status in Island County?
 - Full-time resident
 - Seasonal resident
 - Frequent visitor
 - Other (write in)

3. What is the primary reason you chose to live in Island County?
 - Rural character
 - Employment
 - Close to family and/or friends
 - Born and/or grew up here
 - Military/stationed here
 - Natural/scenic beauty
 - Cost of living
 - Recreational opportunities
 - Other (write in)

Quality of Life

4. Please rate the following based on your overall opinion of the quality of life in our community: **(Circle one answer per statement)**

I am satisfied with the quality of life in my community.	Strongly disagree – Disagree – Neutral – Agree – Strongly agree
I am satisfied with the health care system in my community.	Strongly disagree – Disagree – Neutral – Agree – Strongly agree
This is a good place to raise children.	Strongly disagree – Disagree – Neutral – Agree – Strongly agree
This is a good place to retire.	Strongly disagree – Disagree – Neutral – Agree – Strongly agree
There is economic opportunity (jobs, school, etc.) in my community.	Strongly disagree – Disagree – Neutral – Agree – Strongly agree
This is a safe place to live.	Strongly disagree – Disagree – Neutral – Agree – Strongly agree
All residents can enjoy environmental and natural benefits including access to parks and walking trails, sports, and other outdoor activities.	Strongly disagree – Disagree – Neutral – Agree – Strongly agree
There are support systems for individuals and families during times of stress and need.	Strongly disagree – Disagree – Neutral – Agree – Strongly agree
All individuals and groups have the opportunity to contribute to and participate in our community's quality of life.	Strongly disagree – Disagree – Neutral – Agree – Strongly agree
All residents think that they can make the community a better place to live.	Strongly disagree – Disagree – Neutral – Agree – Strongly agree
All residents enjoy clean drinking water, access to working and safe sewage treatment, and homes free of toxins (smoke, lead, mold, etc.).	Strongly disagree – Disagree – Neutral – Agree – Strongly agree

There is an active sense of civic responsibility, engagement and pride (ex. voting, participating in local government, advocacy, etc.).	Strongly disagree – Disagree – Neutral – Agree – Strongly agree
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5. What do you think are the top 3 most important parts of a “healthy community”? (Choose up to 3)

- Access to quality education
- Safe and healthy homes
- Clean environment
- Safe transportation
- Low crime/safe neighborhoods
- Safe places to be active
- Churches and religious organizations
- Access to affordable and healthy food
- Access to quality healthcare
- Access to health insurance
- Access to social support services
- Diversity (representative and inclusive of different people, places, and perspectives)
- Health Equity (everyone has a fair and just opportunity to achieve their highest level of health)
- Access to affordable quality childcare
- Good place to raise children
- Affordable housing
- Arts and cultural events
- Good jobs and healthy economy
- Healthy behaviors and lifestyles
- Low adult death and disease rates
- Low infant deaths
- Emergency preparedness
- Other (write in)

6. What do you think are the top 3 strengths of our community? (Choose up to 3)

Community Health Challenges

7. What do you think are the top 3 challenges that **parents/caregivers** face in our community? (Choose up to 3)

- Access to medical care for children
- Access to dental care for children
- Access to mental health care for children
- Access to education/information about parenting and child development
- Access to financial education or support
- Access to early learning resources and preschool
- Access to family-friendly activities and recreational opportunities
- Limited family-friendly workplace policies for parents/caregivers (maternity/paternity leave, flex time)
- Affordable housing
- High cost of childcare
- Limited childcare options
- Transportation to activities and/or appointments
- I don't know / no opinion
- Other (write in)

8. What do you think are the top 3 biggest challenges **youth** face in our community? (Choose up to 3)

- Access to medical care
- Access to dental care
- Access to mental health care
- Access to health information/education
- Access to job opportunities and/or training
- Access to quality education
- Bullying
- Connecting with supportive, positive role models
- Drug, tobacco and alcohol use
- Access to exercise/recreation activities
- Access to after school or extracurricular activities
- Unhealthy or unstable home life
- Transportation to activities and/or appointments

- Accidents or unintentional injuries (car accidents, sports injuries, etc.)
- I don't know / no opinion
- Other (write in)

9. What do you think are the top 3 biggest challenges **adults/seniors** face in our community? (Choose up to 3)

- Access to medical care
- Access to dental care
- Access to mental health care
- Access to disability services
- Access to financial education or support
- Managing chronic health problems
- Access to recreational or social activities
- Access to services to live independently (also known as 'aging in place')
- Preparing or obtaining healthy food
- Affordable housing
- Living on a fixed income
- Social isolation/loneliness
- Transportation to activities and/or appointments
- Accidents or unintentional injuries (car accidents, sports injuries, etc.)
- Fall and unintentional injury risk
- I don't know / no opinion
- Other (write in)

Medical, Social, and Environmental Health Challenges

10. What are the top 3 major medical or physical health issues in our community? (Choose up to 3)

- Access to medical and behavioral healthcare
- Accidents or unintentional injuries (car accidents, sports injuries, etc.)
- Age related conditions (Alzheimer's, arthritis, hearing or vision loss, mobility, falls)
- Cancer
- Chronic respiratory disease (like asthma, emphysema, COPD)
- Diabetes
- Drug and alcohol use
- Heart disease
- High blood pressure
- Hunger/low access to food
- Access to healthy foods (fruits and vegetables)
- Mental health (like depression, anxiety, stress, bipolar disorder)
- Obesity, eating disorders

- Sexually transmitted infections (like HIV/Aids, Syphilis, Chlamydia)
- Suicide
- Teenage pregnancy
- I don't know/ no opinion
- Other (write in)

11. What are the top 3 major social and economic issues in our community? (Choose up to 3)

- Affordable and healthy housing
- Dependable jobs with livable wages
- Lack of accessibility for people with disabilities (like physical, communication, and transportation access)
- Unemployment
- Drug/alcohol use
- Social isolation
- Violence/Crime
- School bullying or violence
- Voter participation
- I don't know / no opinion
- Other (write in)

12. What are the top 3 major environmental and safety issues in our community? (Choose up to 3)

- Climate change
- Drinking water quality, quantity, and systems
- Contaminated soil or bodies of water (such as lakes, shorelines, wetlands, and streams)
- Septic and sewage quality, quantity, and systems
- Hazardous workplace exposures and safety conditions
- Housing conditions: indoor air quality, pests, mold/moisture
- Quality of roadways and sharing the road (between motor vehicles, bicyclists, and pedestrians).
- Lead poisoning
- Air quality
- Tobacco smoke outdoors or in public locations
- Tobacco smoke within your residence or building
- Noise pollution (jets, cars/vehicles, fireworks)
- Access to power and water during weather-related events
- I don't know/ no opinion
- Other (write in)

Community & Personal Health

13. How would you rate the overall health of our community?

- Very Unhealthy
- Unhealthy
- Somewhat Unhealthy
- Healthy
- Very Healthy

14. How would you rate your own personal health?

- Very Unhealthy
- Unhealthy
- Somewhat Unhealthy
- Healthy
- Very Healthy

About You

The remaining questions will help us know whether we have heard from all different kinds of people from Island County.

15. What is your age?

- 17 years or younger
- 18 to 24 years
- 25 to 34 years
- 35 to 44 years
- 45 to 54 years
- 55 to 64 years
- 65 to 74 years
- 75 to 84 years
- 85 years or more

15. What is your gender identity?

- Female
- Male
- Non-binary / non-conforming
- Transgender
- Other (write in)
- Prefer not to say

16. What is your race/ethnicity? (Check all that apply):

- American Indian/Alaska Native
- Asian
- Black or African American
- Native Hawaiian/Pacific Islander
- White
- Spanish/Hispanic/Latino

Other (write in)

- Prefer not to say

17. In what way do you prefer to receive health-related information?

- Internet
- Printed newsletters
- Bulletin boards
- Healthcare provider
- Family/friends
- Social media platforms
- Other (write in)

18. Do you have children living at home?

- Yes
- No

19. If yes, please share the number of children per age group living in at home:

- 0-5 years _____
- 6-12 years _____
- 13-18 years _____
- 19+ years _____

20. What is your current work status? (Check all that apply)

- Employed full-time
- Employed part-time
- Self-employed
- Unemployed looking for work
- Unemployed not looking for work
- Unemployed but volunteering
- Disabled/Unemployed unable to work
- Retired
- Student
- Veteran

- Other (write in)

21. Have you or an immediate family member ever served on active duty in the U.S. Armed Forces? (Active duty includes serving in the U.S. Armed Forces as well as activation from the Reserves or National Guard.)

- Yes, on active duty in the past, but not now
- Yes, now on active duty
- No, never on active duty except for initial/basic training
- No, never served in the U.S. Armed Forces
- Prefer not to say

22. In 2022, what was your annual household income from all sources?

- Less than \$10,000
- \$10,000 to under \$25,000
- \$25,000 to under \$50,000
- \$50,000 to under \$75,000
- \$75,000 to under \$100,000
- \$100,000 to under \$150,000
- \$150,000 to under \$200,000
- \$200,000 or more
- Prefer not to say

The End

Thank you for completing the Island County Community Health Survey! Results will be available mid-year 2024 and can be found on our website: <https://www.islandcountywa.gov/792/2023-24-Community-Health-Assessment-CHA#>

The Community Health Assessment is the first step in our Community Health Planning process. Community Health Planning looks beyond the performance of a single organization serving a specific segment of a community. It is a collaborative effort to evaluate the health of our community and coordinate the activities of many organizations toward improvement. Your Public Health staff will be coordinating the next steps so that as a community we can prioritize a few specific issues to focus on over the next 3-5 years and commit to a coordinated plan to work toward those goals. That coordinated plan is called the Community Health Improvement Plan.

For more information about the Island County Community Health Planning Process, please see the website at: <https://www.islandcountywa.gov/324/Community-Health-Planning>