



Island County Community Health Advisory Board (CHAB)

Minutes for September 8, 2023

Meeting Held Virtually via Zoom and in BOCC room.

Present: Erin Lavery-Mullins, Michele Aguilar-Kahrs, Charlotte McRill, Bob Uhrich, Heidi Beck, Nicole Rice, Michele Cato, Fe Mischo, and Deborah Ferguson.

Island County Staff: Shawn Morris, Taylor Lawson, Kathryn Clancy, Melissa Hartmann, Megan Roorda, April Fairbanks

Guests: Emmanuel Montenegro (Monty)

Excused: Rene Denman, Melissa Frasch-Brown, and Alma Johnser

Absent: Beth Rahi

Call to Order: Erin Lavery-Mullins, Chair called the meeting to order at 11:01 AM.

Review of the Agenda:

- No Comment

Review of Meeting Minutes:

- No objections. Michele Cato motioned to approve, and Charlotte McRill second the approval.

Public Comment:

- Fe Mischo said if anyone works with ITUHA you can get on their email list for daily bed capacity. Fe provided Saralyn's email address: Email Sarahyn.Merriman@p-h-s.com to be added.

Regular Agenda Items:

CHA Contract Overview and next Steps:

- All CHAB members are to review and provide their feedback by September 14th. Use the attachment sent out with the agenda.

Feedback provided during meeting:

- Discussion: Under who are we missing, Michele K asked if we are looking at different levels (i.e., executive/admin/frontline). Taylor answered that we should do multi-level. Michele suggested incentives for frontline, could include mission based or compensation-based incentives. Erin supports call-out.
- Charlotte asks if there is a way to save it and come back to the survey to it if they don't have time in one sitting. Michele calls out if its anonymous it may be harder to track.
- Erin says the groups haven't been called out are specific equity groups. PFLAG, etc.
- Nicole adds having language access is imperative. Add LEO, housing partners (property managers/real estate agents)

- Michelle C look at all the social determinants. Be sure to keep a balance between health in a holistic approach and taking on too many isolate personal views.
- Is the preference to be adding thing online? Can do through all means of communication and ICPH staff will compile.
- Michele A asks How does vet services apply to CHA? Taylor answers mental health. Michelle C answers with the ability to care for animals, Melissa H points out environmental impacts.
- Michele A – organize the partner lists by population served or service provided.
- Michele C – disability gaps
- Michele A – is there an age minimum for filling out the survey? Taylor, unsure, there may be some considerations but seems appropriate for under 18.

Health indicators data questions and gaps called out:

- Disaggregate data by ethnicity in some way to interpret the different pockets of people and how health is experienced by those groups.
- Standardize formatting of indicators (go either slashes or words...)
- Look at the kinship data in a whole house way to determine those health views and might help with accessing small populations.
- Active duty/ vets' questions
- Alzheimer's and dementia or just Alzheimer's
- Homelessness should be including transitional housing.
- Senior falls

Regular Agenda

COVID After Action Report

- Shawn highlighting the workforce development piece, Michele C brought up how remote work can be damaging, is that being discussed? Shawn said there are several different considerations happening with leadership to develop the workforce and help with work/life balance.
- Are there ways to work regionally to come up with ways to improve the emergency response due to the similar findings and is DOH making a report for statewide response? Ideally. Working with groups regionally and discussions are in progress.
- Are we as a county ramping up to respond COVID as there is an uptick? Shawn – We still have a COVID team providing community resources and supplies and providing information to public and partner agencies, also pointed out the regional response in “provider resources” webpage.

CHAB Docket Ideas: Members Review & Discuss

- Continue the discussion on the MAPP process and CHA through Ascendent. Will debrief next month.
- Is there a way we can do a 5-minute update on the plan for the comp plan? Shawn and Taylor to consider reaching out to planning for updates to.

Action Item:

- Shawn asking for CHAB to review the different departments and see if there is any department to have a presentation from at CHAB, or if there is any interest in other topics.

BOH/CHAB Liaison Updates: (CHAB Steering Committee):

- A big part of the responsibility of CHAB is the CHA/CHIP. Ensure there is good communications within all the populations is important, and that influences the BOH direction.
- There may be times for informal meetings, or other meetings and can be scheduled through her admin. Can meet formally over coffee for talks too. Jill Johnson is open to other types of communications. Jill has been invited to attend CHAB meetings too. Jill invited CHAB to participate in the BOH meetings too. Also looking at regular community engagement. Is space for a CHAB update on the agenda meetings.

Action Items:

- Charlotte has been trying to attend BOH but it's hard to fit into caregiving for parents. Can there be a sign-up sheet for CHAB members to create a presence in the meetings?
- Fe can do September, Charlotte can do November, Erin will try September. Debbie can probably attend most of them.
- Create a sign-up sheet for monthly attendance of BOH Meetings.

**April created an excel doc and placed in CHAB Teams folder for members to sign up. Included dates for 2023-2024.*

CHA Updates: None refer to presentation earlier in the meeting.**Comments by Membership – Absent members next steps:****Staff Updates:**

- Public Health – Taylor will send out recording from last work session. Mobile services/van collaboration between Human Services and Public Health. Will be presented at Board of Health, too.
- Human Services – continuing with rental assistance. Please call Housing Services Center to get information. Working with Behavioral health org to help with outreach. CHAB to consider, we have 0 inpatient facilities on the island for behavioral health or substance abuse. Human Services can help in the short term, but Island County is lacking in long term behavioral health in terms in treatment. Significant health disparity. Also, sept is suicide prevention and awareness month.
- There is a lot of outreach activities currently. See website for a ton of information. Reach out to Kathryn Clancy for additional information.

Meeting adjourned at 1:05 PM

September Meeting set for October 6th at 11AM