



# Island County Community Health Advisory Board (CHAB)

Minutes for July 7, 2023

Meeting Held Virtually via Zoom and in BOCC room

**Present:** Rene Denman, Charlotte McRill, Erin Lavery-Mullins, Deborah Ferguson, Bob Uhrich, Alma Johnser, Heidi Beck, Michele Aguilar Kahrs, Melissa Frasch-Brown, Nicole Rice

**Island County Staff:** Shawn Morris, Taylor Lawson, Kathryn Clancy, Melissa Hartmann

**Guests:** Laurie Johnson (SW CARES Coalition), Lynda Austin

**Excused:** None

**Absent:** Beth Rahi and Kim Williams

**Call to Order:** Erin Lavery-Mullins (Chair) called meeting to order at 11:03AM

## **Review of the Agenda:**

- Nicole Rice has been appointed to CHAB by the BOH, this is her first official meeting
- Community Health Kick off meeting 7/7/23 “CHAT” from 1:30PM-2:30PM. This meeting will be informal and hybrid (in-person and Zoom). The goal is to review the MAPP framework for completing the Community Health Assessment, to solicit support and recruit others and to sign up. See who shows up for meeting will be a good start. Will also be a call to action for attendees to reach out to their networks and invite folks to participate.

## **Review of Meeting Minutes:**

- Date correction has been noted. Showed May 2023 instead of June 2023.-Taylor
- Last Name Lavery-Mullins “noted” name was listed in correctly.
- Typo under nomination under “Board” second sentence. Noted and will be fixed.
- Personal typo for Michele – there is only one “l” in her name.
- Appreciated the depth of information in the notes – Taylor and April will continue to provide detailed notes for meeting minutes.
- Rene Denman motioned to have minutes approved with the corrections noted. Melissa Frasch-Brown seconded the motion. All in favor, no opposed, no abstained.

## **Public Comment:**

No public comments

## **Regular Agenda Items:**

1. Human Services Behavioral Health Programs – Kathryn Clancy
  - a. Notes & Questions:
    - i. Nicole Rice: Awe of resources offered by Human Services. What does utilization of these services look like? Is Human Services seeing #’s as far as residents using services? Would Human Services benefit from marketing and outreach to increase awareness of what is available? How long of a wait is there to receive veteran’s services?
      1. Linda Austin – not a wait time, but there are eligibility criteria, such as income. No wait for help for the VA.
      2. Kathryn Clancy – We receive more referrals than we have capacity for – i.e

we have larger than usual caseloads, particularly in the last year. We can do a better job about notifying the public about services. There is information on our [website](#) as well.

- ii. Nicole Rice: Community Partnerships? Local organizations interested in participating and/or learning how to help with this program.
    1. Email Kathryn and come to meetings dedicated to some of these services. Housing Network Meeting, Veterans Advisory Board.
  - iii. Charlotte: So much work with veterans' services, assumed military itself would assist with the veterans' services. Our services an overlap with the military?
    1. No, in "addition to". Helps people manage their claims through the VA (our officer). A lot of vets have services but do not know what they are entitled to those services.
  - iv. Michele: Care coordination. Are there barriers? What would help us improve our support/reach?
    1. Yes always. Our model of outreach facilitates/minimized barriers (such as there being no time limit to receiving services. We can go to where clients are and assist them /provide them with resources. Our county needs more mental health counseling and substance abuse treatment options (local, and everywhere). These are the biggest desires/needs our clients have. We do not have enough case coordinators. The systems themselves are problematic, this is where our care coordinators are essential.
  - v. Rene: Comment about the mapping project that human services and public health is spearheading in collaboration with Steps: Mapping existing early childhood services and resources in our community/county. She can see it going further (extending to other needed services) to improve our reach and collaboration in meeting the needs of our community.
- b. Action Items/Next Steps:
- i. Kathryn said she will include the names of the individuals who work in each of the programs listed. She will forward to Taylor who will share it out along with the presentation.

## 2. Preview of Workplan/Docket for CHAB – Taylor Lawson

### a. Notes & Questions:

- i. Charlotte requested that each month we have a short presentation about what is happening with CHA. Nice to have automatically in each agenda (5-10) minutes. Add to agenda line. To acknowledge that all CHAB members may not be participating in CHA-specific work.
- ii. Erin requested clarification – is this a framework for how we will plan future meetings in a way that is aligned with the BOH. Yes. We can use this as a template that will be updated as we move forward with information provided by the BOH. Establish a collaborative process.
- iii. Comprehensive Plan Updates have been included. Selected topics, including program and service overviews have been included. Important to include DEI in each conversation with each program and service we review/discuss.
- iv. Rene recommended that we advocate for information/presentations to come to CHAB before going to the BOH. Taylor agrees and states that she will advocate for this.
- v. Taylor commented that the CHA is a great opportunity for CHAB to be active and present in providing updates to the BOH.
- vi. What's missing from the Workplan?
  1. Nicole: Focus on preventative services? Reactive to issues when can focus on preventative. We could focus on the analysis of need and identifying underserved populations.
  2. How to translate and make it actionable in the community? How, what

when where and why. Keep in mind going forward not necessarily next month.

3. Michele: Emergency preparedness response? Look at some topic areas that have been identified? Specifically emergency situations that folks will likely find themselves in.

**b. Action Items/Next Steps:**

- i. Taylor to revisit workplan and move items up so that they reflect coming to the CHAB before being presented to the BOH, when possible.
- ii. CHAB Steering Committee to reach out to BOH Liaison, Commissioner Johnson to set up a time to meet and discuss next steps for this, including proposed idea of having items come to CHAB before they are presented to the BOH.
- iii. Taylor to add workplan items: 1) Preventative services and programs, 2) Emergency preparedness for everyday type of emergencies.

**3. CHAB/BOH Liaison – Erin Lavery-Mullins and Taylor Lawson**

**a. Notes & Questions:**

- i. CHAB Steering Committee reviewed by-laws and there is no direct guidance on the CHAB liaison to the BOH. We do have a BOH liaison to the CHAB, Commissioner Jill Johnson.
- ii. Would like to consider appointing a CHAB liaison to the BOH. Any interest from CHAB?
- iii. If not of interest currently, Taylor can sit in as the interim CHAB liaison.
- iv. Rene asked if it would be a feasible ask to the BOH to have a CHAB member appointed to sit on the BOH as an advisor, not a decision-maker per se. Comment was made that this is the case in communities that do not have a CHAB.
- v. Michele asked what is our realistic relationship with the BOH? CHAB would like an update on the letter that was sent to the BOH. Was it received (yes), does the BOH have feedback (not sure).

**b. Action Items/Next Steps:**

- i. CHAB Steering Committee to include questions generated through this discussion in the ask for a meeting with Commissioner Johnson (BOH liaison). Would like to ask about the opportunity for representation at the BOH, or for there to be consistent BOH representation at CHAB meetings. Follow up on response to the letter sent to BOH would be helpful as well.
- ii. Melissa will look for the listserv information to share with CHAB regarding the newsletters sent out by the Commissioners. This will be done as a tool that can be used to communicate and possibly connect with Commissioners during their “office hours”.

**Comments by Membership**

- a. Bob reminded the group about our Bylaws stating attendance requirements for CHAB. There are a few folks we need to check in with. Taylor will do this.
- b. Bob provided updates on the Camano Island dog that bit 6 people.
  - iii. Melissa – asked about the opportunity for Island County to partner with Snohomish to help assist Camano? It has not happened. Question for BOH to support a partnership with other counties to help support partnerships. CHAB have a way to help support and advocate for these topics when there is not funding available.

- c. Burn Ban 1 in affect for Island County on July 2<sup>nd</sup>.
- d. Michele announced that the farmers markets are open and that they offer market match dollars. Also highlighted park and recs availability to raise awareness.

### **Staff Updates**

Human Services/Public Health epidemiologist, Megan Roorda, began on 7/5/23. She will be working with Taylor to onboard our new case management software system. Combination of case management HS, PH, Jail then community to partners to share referrals. Big boom for community eventually. Helping with stepping up “membership” recognized as innovator county with bureau of justice affairs. NACCO due to work in the criminal justice system.

Hoffman Road Project Update: Good coordination with some of the folks there. Human Services and Public Health continue to provide outreach services. Residents are maintaining the garbage and porta potties. Will continue to do so and update as time goes on.

### **August Meeting – August 4<sup>th</sup>, 2023**

**Meeting was adjourned at 1:00PM**